

Vedic Astrology Report for May 2021: It's a Very Powerful Month



By Debra Infante

May is a powerful month with lots of activity, especially during the last week. Venus, planet of love, creativity, and healing, happily transits Taurus, its own sign, during most of the month of May, beginning on May 4, 2021. Venus travels with exalted Rahu while in Taurus, and they exactly conjunct on May 17, 2021, increasing our desires. Akshaya Tritiya, a very auspicious day in the Vedic calendar, occurs on May 14, 2021, when the Sun and Moon are both exalted. Saturn, planet of focus and discipline, begins its retrograde phase on May 23, 2021. The spring eclipse season begins with a total lunar eclipse on May 26, 2021. Mercury, planet of communications, turns retrograde on May 29, 2021.

Venus, planet of love, relationships, healing, the arts, and

finance, transits its own sign of Taurus from May 4 to May 28, 2021. Venus is well-placed in Taurus, and we yearn for stability, harmony, and commitment in our relationships after all the intense changes that have occurred in the past year. We are all venturing into uncharted territory, and the helpful transit of Venus this month can direct us back to our hearts. We enjoy being in comfortable and stable environments, and want deeper heart-felt connections with our family members or close friends. This is a great time to pursue artistic and creative projects or hobbies. When Venus is in the peaceful earth sign of Taurus, it is uplifting to connect with the natural world, whether we grow a garden or just spend more time outdoors. As Venus also rules finances, it's a good time to reevaluate our budget and spending habits to reflect our new values.

Venus will be with Rahu, the north node of the Moon, during its time in Taurus from May 4 to 28. These two planets create an exceptionally powerful combination as Venus is strong in its own sign, and Rahu is exalted in Taurus. The exact conjunction of Venus/Rahu occurs at 16 degrees Taurus on May 17, 2021. We want to focus more on the positive side of Venus and Rahu, which brings greater interest in the creative arts and in alternative healing modalities.

As Rahu is a planet of urgency and amplifies energy, the desire for love and money increases when conjunct Venus in the material sign of Taurus. Rahu is a shadow planet and can be somewhat obsessive and manipulative, so it's usually not recommended to rush into any major financial decisions or get involved too quickly in a love relationship until you learn a bit more about the person or situation, as things may not be as they seem. The intensity of the Venus/Rahu conjunction will increase around May 17, so patience and clarity are needed mid-May.

Akshaya Tritiya, a very auspicious day in the Vedic calendar, occurs on the third lunar day of the waxing Moon in either

April or May, when both the Sun and Moon are exalted, which increases the positive solar and lunar energies. This year, Akshaya Tritiya is on May 14, 2021 in the US. But more precisely the Tritiya Tithi or lunar day begins on May 13, 2021 at 5:08 PM PST and lasts until May 14 at 7:29 PM PST. It is said that this is the day when the sacred Ganges River descended to earth from heaven. Traditionally, any new venture or undertaking begun on this day is supported and brings increased prosperity. Helping others and making charitable offerings are highly favored on this day.

Saturn goes retrograde in the sign of Capricorn from May 23, 2021 until October 10, 2021. Retrograde Saturn periods, which happen every year for about four months at a time, are good for increasing self-discipline, letting go of self-defeating behavior, and developing a strong inner practice like meditation. This is a time to reassess your responsibilities in life and be accountable for your actions. You are learning a lot about yourself as to what you can accomplish or endure, and you may restructure your life if you need to. Saturn retrograde periods help us develop inner strength.

The beginning of the 2021 eclipse season starts with a total lunar eclipse on May 26, 2021 at 4:13 AM PDT at 11 degrees Scorpio in the nakshatra of Anuradha, called the "star of friendship." Being a total lunar eclipse and with the full moon in its weakest sign of Scorpio, we may feel more intensity, both emotionally and mentally. The nakshatra of Anuradha is about friendship, commitment, and keeping one's word with others, indicating this could be a sensitive time for relationships, especially if they are not based on truth or respect. Our true desire is to interact in good faith with others. Eclipses are catalysts for change, and are also days for spiritual practices, such as meditation, yoga, mantra, and contemplation. These practices help us to integrate and properly understand these powerful energies.

Mercury, planet of communications, the intellect, and

discernment, goes retrograde on May 29, 2021 until June 22, 2021. Mercury begins retrograde at 0 degrees Gemini and will eventually go back into the sign of Taurus while in backward motion. Mercury retrograde turns the mind inward and we may become more preoccupied with our own thoughts or we may change our mind or alter plans. Sometimes actions have to be repeated with Mercury retrograde. So take your time, review plans, do your research, and be clear in all of your communications, as you may be misunderstood. This is a good time for meditation, contemplation, or self-analysis.



Debra Infante is a practicing Vedic astrologer and teacher. She began her studies of Vedic astrology in 1995, and was certified by The American College of Vedic Astrology as an approved teacher (Level I) in September 1999. She has taught Vedic astrology to the students in the yoga teacher trainings at 7 Centers Yoga in Sedona, AZ from 2002 to 2020. Debra can be reached at (928) 639-0623 or dinfante108@gmail.com for astrological consultations by phone or in person. Or contact her to receive her monthly Vedic astrology article. You can also find her at <http://ayurveda-sedona.com/yoga-and-vedic-astrology/about-vedic-astrology/>