

Remember: You Can Alchemize Anything!



I've been coming up against a very oppressive type of 'authoritarian' energy lately. I am also seeing my friends and family going through similar experiences, so, perhaps you've been feeling it too?

Authority normally scares the crap out of me but I'm going to let you in on how I've been dealing with it this week (and quite effectively I might add). But first, allow me my rant...

The End of the Webbed Romance?

There's a lot of bullying going on. I've been hearing about Facebook taking down business pages left, right and center with no warning or notice – I really feel for the people left in this wake with no explanation but an *automated response* and no way to effectively contact the 'untouchable hotshots'.

I hear that YouTube is also exercising their right to do as they please and people are losing income streams thick and fast.

My Yahoo mail account wants me to consent to having them poke around/share all my private info or my account gets taken away. What's next – micro-chipping wrists or you can't access your bank account? How very 666 of you, darling!

Cheers! Thanks y'all, it's been real (ummm...cyber-real which isn't very real at all now, is it?).

And All Pinocchio Wanted to Be Was a Real Boy

We did without these social platforms for most of our lives (barring the millennials) and we got on great.

The way I see it is that all these big social media sites and companies are helping us to let go and go do real things in the real world like the real people we are.

They may not know it but all the BS, all the privacy violations, all the unacceptable terms and agreements may actually be steering us back to our humanity – or at least allowing for a pause so we can come up for air and take a look around. Who knows, maybe some of us won't bury our heads so easily anymore.

Technology is fun but too much of it can suck the life out of us and rob us of quality moments. I promise you there was life pre-internet and there will be life post-internet.

Rainbows, Lights, Tunnels and Cotton Candy

As my paranoid, suspicious mind flourished in light of all the injustice, I remembered:

Life is meaningless until you assign it meaning (either neutral, positive or negative).

I decided to alchemize it and set forth to visualize my preferred outcome. Read related article: [Why 'The Echo' is Important on Your Evolutionary Path](#)

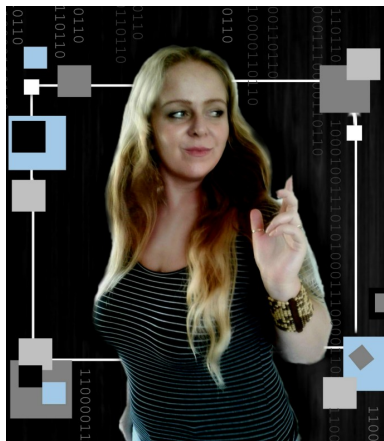
Here's my advice if you feel a little snowed under with negative, oppressive energy:

- Focus your intent on how you want to see something happen instead of worrying about how it may negatively transpire.
- Take action where you can.
- Wake up every morning stating how fricking fantastic this day is going to be and how everything is going to go just right.
- When you feel overwhelmed remember the 2 magic statements: '***This too shall pass***' and '***All is well***'.
- Keep your cool. Try meditating. Balance is essential in steering a positive attitude and emitting a high-oscillating frequency.
- You're never given anything you can't handle. You're really quite powerful.
- Nothing can touch you – you are a God-sovereign being. There is no death and you are eternal. What's the problem?
- Nothing is quite as bad as it seems. Have a cry, rant or steam over a challenge if you must but remember to look for the good.

Go sit in nature and ground yourself. Read related article: [How to Use Your Heart Wisdom](#)

Whatever is happening can be alchemized – alchemy is turning base metal into gold and you can turn any situation into gold when you mine it right.

When I looked at my circumstance from a different perspective I realized that all was indeed well. I couldn't be happier. I'm going to be like Fernando and sit under a tree smelling the daisies and enjoying this beautiful playground of a planet.



[Cherie Roe Dirksen](#) is a self-empowerment author, multi-media artist and musician from South Africa.

To date, she has published **3 self-help and motivational books** and brings out weekly inspirational blogs at her site www.cherieroedirksen.com. Get stuck into finding your passion, purpose and joy by downloading some of those books gratis when you click [HERE](#).

Her ambition is to help you to connect with your innate gift of creativity and living the life you came here to experience by taking responsibility for your actions and becoming the co-creator of your reality. You can follow Cherie on [Facebook](#) ([The Art of Empowerment](#) – for article updates). She has an official art [Facebook](#) page ([Cherie Roe Dirksen](#) – for new art updates). You can also check out her Facebook band page at [Templeton Universe](#).

Cherie posts a new article on CLN every Thursday. [To view her articles, click HERE.](#)

This article ([Remember: You Can Alchemize Anything!](#)) was originally written for and published by [Conscious Life News](#) and is published here under a [Creative Commons license](#) with attribution to the author [Cherie Roe Dirksen](#) and [ConsciousLifeNews.com](#). It may be re-posted freely with proper attribution, author bio, and this Copyright/Creative Commons