Connecting to Your Higher Self Through Inter-Dimensional Travel

In the beginning, there was…

Well, this would depend on whom you’re asking! Personally, I feel that the All came from Nothing (Zero-point, the Void, and what Buddhism calls Sunyata); and thus became everything...ever-expanding. The infinite potential at rest awoke, and once self-aware burst forth splinters of its own consciousness outward. Without movement, there can be no creation...no manifestation.

I further believe that the moment Source Consciousness became aware of itself; the very first sound waves formed and thus began what we could call “divine motion”. Everything that grows needs movement in some form in order to do so. This is a rule of Nature and us humans are included. There is something hard-wired not only in our DNA but in the deepest roots of our hearts that tell us we are here to ultimately grow and expand.

We may think that we simply exist only in this third-dimensional reality, but this is just the playground of creation. We are all here, whether we know it or not, to make a difference in the lives of those we encounter during our time around. And also, to make a difference in our very own lives as this is how we grow inter-dimensionally. While we are traditionally taught to rely on our physical senses, to travel to other realms, you need to be in tune with those senses beyond your physical five. It’s the letting go of our “this world” attachments, which ultimately frees us to rise in frequency to match those “other world” spaces in the cosmos.

We’ve all been there where a certain area of our lives just feels so incredibly stagnant. The energy around it is heavy,
dull, and while there is an underlying tone yearning to come forth, you can feel yourself literally holding something back within yourself. If we don’t understand we are actually doing this to ourselves, it can just feel like life is out to get us and no matter what we do, we continue to be “stuck”.

When we are in this kind of space, we are often closed off to inspiration, creativity, and of course the most obvious – action. But like they say that the truth shall set you free, so will a simple thought. A thought that can lead you to action, or to even change your actions from one resonance to another, is one that has tremendous energy behind it. And this is exactly the type of thoughts you want to have if you wish to visit dimensions higher than our 3-D plane.

You may have heard of your “Higher Self” and this could perhaps be the most popular reason that most people decided to “travel”. Your Higher Self is you, yet that part of you that is not attached to this physical realm and is your direct connection to divine guidance. Listening to your Higher Self could be equated to talking with your Spirit, or that inner voice that is always guiding you towards your greatness. The voice that always warns you with “gut feelings” and pulls on your heartstrings.

When we are open to this guidance, we begin to know ourselves as the multi-dimensional beings we are. And just like the first thought of creation, and just like the entire Universe itself (and the parallel ones all around us), we are ever-expanding. And the more we reach outward, by applying what we’ve learned from reaching inward, we begin to learn that everything travels in waves and that nothing is guaranteed except the potential of its existence. We open a door for ourselves on a conscious level that allows us to remember that first sound, by hearing it within ourselves; the infinite beating of the cosmic drum that connects every single heart across time and space.
The following video shares more information on Inter-Dimension Travel…check it out! (Source: YouTube).

There are many resources out there to learn how to “travel”. I recommend the following terms: LUCID DREAMING, INTERDIMENSIONAL TRAVEL, PARALLEL UNIVERSES.

Give it a try and who knows you just might meet yourself in the last place you’d imagine.

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