

The Worry Haiku

Rabbit Hole of Worry

We are all
subject to
doubt and
indecision
from time to
time.

Especially
during COVID,
it's easy to
begin to
wallow in



worry and start down that dark rabbit hole. And perhaps it is the rabbit hole that will lead us to peace but not the dark hole of worry, rather the rabbit hole that takes us deep inside, into the only real place of solace.