

BIG Opportunity to Heal Early Childhood Trauma Arises from Age 51-57 – Here's Why!



I hope you didn't suffer from trauma or abuse when you were young. But if you did, then [this week's Chakra Life Cycle \(#8\)](#) provides a unique healing opportunity.

After we complete our double crown, 7-7 Chakra Life Cycle (at age 49), we return to our root chakra. It's a big shift that often leads to huge changes as our energy field makes room for the new and a return to our root chakra.

What's special about this period (from [age 51-57](#)) is that, during this time, we REPEAT the same Chakra Life Cycles of the first 7 years of our life. And this creates a gateway to healing those early years.

[In this video](#), I only touch on that (as it's a deep topic), but I go into it in greater detail in my book, [Your Roadmap to](#)

[Life Mastery.](#)

Here's an excerpt from my book about the first two years of this 7-year CLC:

Age 51 – Heal any issues that came up after your first birthday. Uncover any traumas around your sense of belonging and your trust of your father.

Questions to ask yourself:

- 1) Was your father present and loving?
- 2) Were you basically safe and provided for?
- 3) As an adult, do you now feel you can totally provide for yourself, or do you have career and money issues?

Age 52 – Heal any issues that came up during the year you were two years old. Discover any needs regarding your intimacy with your parents (especially your mother).

Questions to ask yourself:

- 1) Was your relationship with your parents close and joyful?
- 2) Did your mother embody playful feminine energy and share it with you?
- 3) Can you now be intimate with and play well with others and do you have healthy one-to-one relationships with yourself and others?

[Get your own copy of Your Roadmap to Life Mastery here.](#)

And have a beautiful week!

Many Blessings,

xoxoxoxoxo,

Vicki

For super easy (and beautiful!) chakra healing, try my [Chakra Boosters Healing Tattoos](#). I created them because getting a real root chakra tattoo positively shifted my whole life and I

want the same for you – without the permanent part! Want more prosperity? Discover your personal [Chakra Abundance Type FREE here](#). To stay connected and inspired, Visit my [Chakra Boosters Facebook](#) and catch new videos EVERY TUESDAY on my [Chakra Boosters Youtube](#) channel.