

# Watch This Groundbreaking Free Cancer Documentary Series, Learn the Truth and Save Lives

Video Source: [The Truth About Cancer](#)

In any given year, 8 million people die from cancer – needlessly. Don't be a statistic, and don't allow your loved ones to be a statistic. Watch this trailer, and if it speaks to you, sign up for to access the free series The Truth About Cancer: A Global Quest.

The series visits over 100 doctors and experts across the globe (including CLN regular contributors, D. Josh Axe and Dr. Joseph Mercola) to learn the real story about cancer, it's causes and it's cures.

***[Related Article: The Truth About Cancer Revealed](#)***

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Here are just some of the cancer facts you'll discover in the series:

- At least half of all cancers and cancer-related deaths are preventable
- Less than 5% of cancers have a genetic link
- The air we breathe, the water we drink, and the foods we eat are just some of the environmental factors that increase the risk of cancer
- More than 90% of all lung cancer cases are caused by smoking. However, The Truth About Cancer claims that only a

few of these cases are caused by tobacco, and most cases are linked to the chemicals used in the process of making the cigarette itself.

- Sleep deprivation, which involves sleeping less than 6 hours per day, can increase your risk of colon cancer
- Popular cold cuts, sausage, and hot dogs contain nitrates like sodium nitrate and potassium nitrate, both of which are chemical additives used for flavoring and preservation. When you prepare these foods with high heat, the fluids in your body can react with these nitrates, turning them into nitrites, which are known carcinogens (cancer-causing chemicals). Nitrates are also prevalent in our groundwater, where they're filtered through fertilizer.
- One of every 8 deaths around the world is caused by cancer. More people die from cancer than malaria, tuberculosis, and AIDS combined. Cancer is more common in developed countries due to a combination of diet and lifestyle.
- People age 55 and older have a higher risk of cancer, and approximately 77% of all diagnosed cancers are found in men and women over the age of 55
- Obesity increases your risk of cancer and obese people are far less likely to survive cancer treatment
- Ovarian cancer, lung cancer, and colon cancer are often symptomless until spreading to other parts of the body, which is why early screening is important.
- It's a "popular myth" that exposure to the sun causes skin cancer. The Truth About Cancer claims that you should not use sunscreen, because it causes cancer and filters out "helpful" ultraviolet light. Instead, you should be in the sun for 30 minutes of the early morning or late afternoon to get your recommended daily dose of vitamin D without burning in the sun. The Truth About Cancer claims that a chemical called

octyl methoxycinnamate (OMC) found in 90% of sunscreens has been shown to cause cancer and [damage the liver](#).

***[Related Article: Study Claims to Have Found Cancer's Achilles Heel](#)***

– Healthy cells will commit “cell suicide”, also called apoptosis, when they become damaged, but cancer cells do not have this ability for an unknown reason. The Truth About Cancer claims that certain foods “can naturally trigger damaged cells” to self-destruct via apoptosis. Those foods include [green tea](#), berries, [turmeric](#), avocados, garlic, kale, and dark chocolate, among others.

All of those facts [come from this page](#) on the official The Truth About Cancer website.