

WATCH: What Ancient Civilizations Said About Giants Existing on Earth

Video Source: [Bright Insight](#)

Watch this fascinating video by Bright Insight about giants that have been documented throughout history from all around the globe. Legends of an ancient race of Giants are shared among cultures that span across multiple continents from around the world, and are also included in the most common religions on earth. Even the ancient Greeks describe the Giants included among the Greek Gods. There are many different words that have been used to describe the race of massive humans, such as the 'Nephilim' from the Bible. Descriptions of red haired Giants are shared by several different native American tribes in North America and even reaching as far away as Peru in South America.