

Third Eye Pineal Gland: The Biggest Cover Up in Human History

Source: [Universe Inside You](#)

The pineal gland (also called the pineal body, epiphysis cerebri, epiphysis or the “third eye”) is a small endocrine gland in the vertebrate brain. It produces the serotonin derivative, melatonin and uses it to regulate sleep and restfulness but it also has other functions.