

# The Worry Haiku

## Rabbit Hole of Worry

We are all  
subject to  
doubt and  
indecision  
from time to  
time.

Especially  
during COVID,  
it's easy to  
begin to  
wallow in



worry and start down that dark rabbit hole. And perhaps it is the rabbit hole that will lead us to peace but not the dark hole of worry, rather the rabbit hole that takes us deep inside, into the only real place of solace.