

Techniques To Manage Your Hat Hair With Wide Brim Hats

While the onset of winters is a source of great comfort after a series of hot and humid months, it presents people with several grooming issues. The months of winter are dry, and the most annoying problem it gets is hat hair. The majority of the people bring about a transition in the wardrobes as the chilly winds of winter blow. One of the most common accessories in the fall season is wide brim hats that give warmth.

Hunting for an ideal wide brim hat

Hats are one of the essential accessories for a fall wardrobe. There are many types of hat wear available in the market to complete your look for a fall outfit. Many men wear a wide brim hat with every company. Irrespective of whether you are wearing formals or a pair of leg crop jeans and hats with wide brims is a win-win for all. Bloggers and fashionistas have set a trend of [mens brim hats](#) for an elegant and chic look. Before purchasing a hat for winter, you must ensure the usage and flexibility of the product. You have to ensure the size to prevent it from flying when a cool breeze begins to blow.

Fighting hat hair

Wearing a hat in winters seems to be an ideal solution to combat bad hair days and keep yourself warm. However, it leaves your hair flattened, thereby taking the shape of your hat. Although many people love to pair their winter outfits with a wide brim hat yet most of them face a dilemma and prefer to endure the cold weather to have a hat head.

Here are a few [strategies to fight hat hair](#) by taking out some time before you head to work.

Blow-dry your hair before putting on a hat

Wearing a hat while your hair is wet can ensure a flat end crown as your hair will take the shape of your hat. Therefore it is essential to dry your hair thoroughly with a blow dryer a few minutes before you have to work. Drying your hair increases its volume and helps you to style it better. Men with thin hair find it challenging to restyle it after taking off the hat. Individuals having a curly texture should use steam to restore the moisture in the hair in case they cannot restyle it after wearing a hat.

Use products that are revitalizing

Wearing a hat restricts blood circulation and provides pressure to the hair follicles. Using a revitalizing product, such as a stimulating shampoo, enhances the blood flow within the hair follicles and prevents them from flattening or falling out. Stimulants such as peppermint or tea tree oil can strengthen your hair strands, thereby minimizing the chances of hat hair. However, people refrain from shampooing their hair regularly in winters. Yet, you have to increase the frequency to prevent hair from drying out in the hat wearing season. Washing your hair frequently makes them receptive to quality products and reduces the flattening of the crown by wearing a hat.

Purchase hair products based on your hair type

While washing your hair every day, using the wrong product will make your hair frizzy, demanding hair sprays and hair cream. Dry texturing hair sprays enhance the volume of your hair after it damages by wearing a hat. People who prefer to take off the hat and restyle their hair must ensure that they avoid products that provide a high shine.

Avoid wearing the cap for the entire day

The ideal solution to hat hair is to refrain from wearing it during the day. Wearing your favorite hat for too long can damage your hair follicles. Wearing a hat does not allow your

scalp to breathe, train the hair strand, and create tension within the follicles. Therefore, it is necessary to take off your hat once you get indoors and use the techniques to bring your hair back to life.

Use a suitable conditioner to nourish your hair

While winter washes can help you to retain your hair health, it leaves your hair dehydrated. A nourishing conditioner with natural oils gives your scalp the required nutrients and restores the moisture lost by using various products. A smooth and voluminous hair is easier to style after taking off the hat.

The top-notch trick to fix your hat hair

Many people cannot do without wearing a hat, but they feel helpless and anxious in taking it off, thinking about the hat hair that people may be staring at them. The ideal technique to fix your hat hair is a quick turban therapy with hot tap water can be helpful for men to iron out the distinct ridges on the side of their skull. You can run the hot towel on the crown and the sides before restyling it. Use a blow dryer if you can to dry your hair after steaming it. Carrying a small bottle of some styling product can bring your hair back in place.