

Discover Your Chakra Type And Expand Your True Abundance

[Free Chakra Abundance Audio Recording here.](#)

There's a big myth in the transformational world that I want to put to bed once and for all. It's the idea that there are prosperity-boosting or personal growth techniques that work for everyone equally.

That's a big fat lie. It's just not true.

When it comes to personal transformation and the process of creating true abundance, ONE SIZE DOES NOT FIT ALL.

In fact, a technique that works for a person with one type of energy field may be the *worst thing* another type of person can do!

Take meditation, for instance. Meditation is a beautiful thing. So everyone thinks they "should" do it – lots of it. I'm certainly not going to say anything negative about it. It's a generally good thing. But some people are already "meditating" 24/7. Some people are so oriented in the upper, most spiritual parts of their energy field that further meditation only causes them to be more imbalanced and to have more of the corresponding issues that come with being energetically off-balance. Those kinds of people should not be doing more meditating (and very cerebral people who use their meditation time to think more aren't benefitting either).

And the opposite is true too. Some people really need to ground down in these fast moving times of ours. But there are other people who are already so grounded that they are bordering on (or experiencing full-fledged) depression. They have enough heavy, downward energy. If you tell them to do

grounding exercises, you are compounding their imbalance

True abundance takes into consideration the entirety of our energetic experience. For instance, it isn't just about being wealthy. We all know people who have lots of money, but are miserable. They may have lots of toys, but they likely do not have one or more of these: joy, great health, loving relationships and an enriched spiritual life.

Still, the importance of material prosperity cannot be ignored. We've all also know people who have a deep, spiritual life, satisfying relationships and good health, but can't pay the rent or support their family and consequently feel disempowered some huge areas of their life.

Abundance means being empowered in ALL of our chakras. And the journey of becoming centered and empowered varies for each one of us, depending on our already-existing tendencies.

I've created a program called [Chakra Abundance](#) that helps you identify your specific Chakra Abundance Type , so you can engage in the right kinds of transformational practices that will center you more in yourself, rather than take you further off-center.

The video above gives you a glimpse of what it's about. I hope it provides you with a clearer understanding of where your natural tendencies lie, and opens you up to new personal possibilities. There are three different [Chakra Abundance Types](#) identified in the video – Upper-Dominant, Lower-Dominant, and Split. Which do you think you are? One thing I forgot to mention in the video is this: none of us fit *perfectly* into any category *ever* (thank God!). We are always a unique mix, like for instance, mostly Upper-Dominant with a bit of Split. Still, using the categories can give you a sort of loose map that helps you on your journey of balancing your own energy.

My wish for you is that you expand into your fullest potential

and experience all that you came here to do and be!

Love, blessings and total abundance,

Vicki



Vicki Howie is the Creator of [Chakra Boosters Healing Tattoos™](#) ([find out what inspired her to create them here](#)). Check out her new book "The Key to Your Chakras" [here on amazon.com](#). Vicki is also the Creator of [Chakra Love](#) and the Chakra Life Cycle System®, as well as the Co-Editor of [Conscious Life News](#). You can visit [her website chakraboosters.com](#), [facebook page](#) and [youtube channel](#) for lots of free chakra info and gifts. Vicki's biggest joy is to help you unleash your full chakra power and step into your highest potential.