

# Fun & Pleasure Go Together: Try These 7 Tantric Sex Games

✖ By Ava Cadell | [Your Tango](#)

Get ready for a unique journey of sensual and sexual exploration.

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[Tantra](#) is a Sanskrit (ancient Hindu language) word that means to weave energy, specifically Yin (female) and Yang (male) energy, between two lovers. This energy includes our thoughts and feelings and physical and sexual actions.

I'd like to welcome you to a unique journey of [sensual and sexual exploration](#) that will prepare you for the 5,000-year-old practice of Tantra. Tantra can improve intimate communication and enhance a [relationship](#) that has lost its sizzle and spice.

For women, Tantra can empower and fulfill their sensual needs; For men, it can open up a whole new world to intimacy. For couples, it's an opportunity to create a more meaningful, intimate and spiritual [connection](#).

This is an ancient form of worshiping and loving each other. So, get ready to explore new sexual territory with the following Tantric sexercises.

First, you need to prepare a few props to make your Tantra experience even more memorable and magical. Find a scarf that you can use as a blindfold to take away one of your lover's senses. Make sure you have some [massage](#) oil, water-based lubricant, and last but not least, some feathers. These will complete your prop list.

The following Tantric [sex](#) games are all about enjoying the journey of sensuality as opposed to the destination of orgasm.

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### **1. Striptease**

Take turns taking off three pieces of your clothing for your lover slowly and provocatively. Add music so that you move your body to the rhythm.

### **2. Symphony**

Imagine you're a musician, choose an instrument, and play a rhythm on your [lover's](#) [naked](#) body for at least five minutes. Your lover has to guess what kind of instrument you are and what tune you're playing. Then alternate.

### **3. Surrender**

Surrender yourself to your lover and let him/her caresses and kiss you wherever he/she wants for five minutes, then alternate. Use a blindfold or even restraints.

### **4. Tantric Breath**

Blow your warm breath all over your lover's naked body from their neck to their toes, both sides and then alternate. You can also use a feather to tickle one part of their body while you're blowing your warm breath on another part.

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