

Vitamin D Identified as the “Survival Nutrient” Against COVID-19... Could Cut Mortality Rate in HALF, Say Researchers

Mike Adams: For three months, we've been urging our readers to pursue sensible nutritional strategies to boost immune function and protect against infections. Now a study carried out by Northwestern University has found that higher vitamin D levels result in lower mortality rates from COVID-19 infections. Vitamin D deficiency, according to the study, was significantly linked to the development of severe symptoms and complications leading to death. The study, published in medRxiv, is entitled, “The Possible Role of Vitamin D in Suppressing Cytokine Storm and Associated Mortality in COVID-19 Patients.”