

# 4 Minute Video Leading up to the Meaning of Life



**Take One – Meanings, Purpose and Lighting Fires (with the Added Bonus of Eternal Youth)...**

It's the age old question we ask ourselves at some point in this discombobulating journey of life: What is the meaning of it all?

***“There is a fountain of youth: it is your mind, your talents, the creativity you bring to your life and the lives of people you love. When you learn to tap this source, you will truly have defeated age.” – Sophia Loren***

In this video, you'll find out what ignites us – juicy little human beings with a propensity to create the most wondrous things – to stick around or to incarnate in the first place! See if you agree...

My book ['Creative Expression – How to find your inspiration...'](#)

is full of game-changing views on how YOU can understand and totally ace this life!

***“The comfort zone is the great enemy to creativity; moving beyond it necessitates intuition, which in turn configures new perspectives and conquers fears.” – Dan Stevens***

You can download it for free at my site <https://www.CherieRoeDirksen.com> (when you [subscribe](#)), view the entire audio/visual here on [YouTube](#) or buy the [paperback](#) at any leading book store.

Next week, I'll be diving into page 2 which is ripe with more succulent ways to tap into your creative psyche.

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You can now hear **Cherie Roe Dirksen** on [Big Indie Giant](#) radio as she reads out select articles on air.

She also gives weekly news headline updates taken directly

from the [Conscious Life News](#) site, so be sure to tune in.



**[Cherie Roe Dirksen](#) is a self-empowerment author/columnist/radio presenter, multi-media artist and musician from South Africa.**

To date, she has published **3 self-help and motivational books** and brings out weekly inspirational blogs at her site [www.cherieroedirksen.com](http://www.cherieroedirksen.com). Get stuck into finding your passion, purpose and joy by downloading some of those books gratis when you click [HERE](#).

Her ambition is to help you to connect with your innate gift of creativity and living the life you came here to experience by taking responsibility for your actions and becoming the co-creator of your reality. You can follow Cherie on [Facebook\(The Art of Empowerment](#) – for article updates). She has an official art [Facebook](#) page ([Cherie Roe Dirksen](#) – for new art updates). You can also check out her Facebook band page at [Templeton Universe](#).

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