

# **Vulnerability: The Love You Show is the Love You Grow**

When we teach our children self-love, that their feelings matter, to explore meditation and understand energy and the potentials of manifesting and creating in 3D reality, we begin a new wave of conscious creativity; one that has been dormant since the great Ascended Masters of Atlantis. But the wave is coming, and in fact, it's already touched a million shores. But to see the change, we need to first be willing to BE IT. #vulnerability #love