

It's Never too Late to Start Living

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“It is never too late to be what you might have been.” ~ George Eliot

Knowing that we only have one life to live and knowing that each day is unique and we will never get it back, how is it possible that so many of us continue living a life that has no meaning? How can so many of us wake up each morning knowing that there is nothing to be excited about, no pulse, no fire, no life, no purpose, no meaning, no nothing...

How can one spend his whole life doing things that have absolutely no meaning, and how can one betray his own self for so long? It breaks my heart, it really does.

Sometimes I wonder what was the first step we took towards disillusion, and how it all started, but of course, that is not really as important as getting back to your own path, getting back to our own self, getting back to life.

It's our own responsibility to put our focus and attention on the things we want, not on the things we don't want, because this will help us move closer to the things we want and away from those things, people, situations, events, ideas, etc. that keep us stuck and we don't want.

And because I know how people think, and I know how we love to find excuses and to keep on doing the things we have been always done, getting the same old results, I know that deep down inside, we are dying to be true to our selves, we are dying to say no to what others think it's best for us and yes to what we want for ourselves.

Even though so many of us think like there is nothing it can be done, even though it may feel like it is too late, believe me, it never is, and we can definitely start living the life that we want to live... and the moment we decide to do so, the moment we make a change, the whole world will be there to serve us.

And it's very important to remember that the moment you "wake up" and realize where you are and how we have been living so far, instead of complaining and using all kind of self defeating self talk, choose to express your gratitude, thank yourself for finally coming back to life, and make the best out of it, no matter if you are 30, 50, or 90 years old. It's never too late to go back to being YOU.

[Read the full post here.](#)