

# April's Uncertainty and Your Next Big Leap

[Selacia](#), Contributor

Most likely you are feeling a bit restless and uncertain as April begins – not knowing how the month's intense energies will play out in your life.

To be sure, as I've been writing about on Facebook recently, April's energies can leave even the most grounded person unglued and in a state of ongoing disquiet. Two eclipses in one month – any time – will catalyze a roller coaster ride. In April, though, with the additional rare grand cross planetary configuration building for decades, it may feel more like an upside-down wild mouse ride.

Here are some suggestions for moving through this cycle with more ease and fewer missteps you will need to address later. If you did not see my last article with specifics on April's wild ride – including dates of eclipses and the grand cross – please see the Archive on the home page of [www.Selacia.com](http://www.Selacia.com).

## Use Uncertainty as a Gift

No one likes to be uncertain, unable to figure out current and future happenstance. It's in our conditioning to want to know what's up and where we are headed. When we feel like the road in front of us has a huge fog bank spreading out in all directions and obscuring our view, we can panic. There are gifts, though, described here.

**Gift One.** Consider the blessings of the fog bank. Yes, there are some. One gift is that the voice of uncertainty within you can catalyze your next big leap forward!

How? If you pay attention with consciousness to this voice, it

can catalyze a deeper questioning within. This can give you an expanded understanding of what is not working in your life, and help you to see new remedies not visible before.

**Gift Two.** Here's another gift. Uncertainty you feel in April can be a signal from your intuition to steer clear of something not in your highest good. Perhaps you have had intuitive hunches for months about a decision or potential action, but you misread them as signs the timing just wasn't yet right. April could be the month, however when you finally have clarity with a long-term view – indicating that your planned action would not get you where you want to go.

Keep in mind, of course, that uncertainty is sometimes your ego. That's different and you want to learn to discern the difference. Feeling uncertain with ego running your mind and emotional responses can lead to a circling of unproductive thoughts that keep you stuck and afraid to take action.

If you discover this happening, there is a solution. You can break the circle by overriding this self-created loop and taking action on what is in front of you – one thing at a time. This is how you take back your power.

Here's an interesting dynamic to note. It is human nature to feel uncertain when things suddenly and sometimes unexpectedly change. The energies of April are catalyzing these kinds of changes.

Some of what will be occurring may throw you off guard, even if it has no direct impact on you. It's simply unsettling to know that so much is happening so fast around the world or to people you know – things that you did not expect to happen.

Likewise, some of what will be occurring will in fact be welcome news, evoking feelings like you might have when the sun comes out after a long gloomy winter. An outer world example could be hearing that a loved one you haven't seen for years is coming across the country on an unplanned business

trip. You love the idea of spending time with him or her, but the unexpected visit means that your already full schedule needs to be adjusted.

**Gift Three.** Here's a third gift. April's wild ride of energies can feel like your undoing or you can approach it with an open mind and a willingness to shift old methods. Consider, then, how you can be more allowing and in the moment with what shows up. Become mindful of when you are in your head and intellectualizing solutions – and invite spirit to help you let go.

Life is an evolving process that you can only truly appreciate from your heart space. Your rational mind cannot make sense of the quantum eternal realms, but it will try to figure things out and control every detail. Enjoy more peace with a heart focus. Your gift is shifting to a new fueling system that is heart centered.

There are many things you simply cannot know in advance. Some things, however, are constant and eternal – you can count on them to exist when you get to future points in time. Among these: your true nature is divine, you are light, and you exist as a multidimensional being. You can forget these things, but at each juncture, they are intrinsic to who you really are. No one can take them away and you cannot lose them. Trust this.

### **About the Author**



Selacia, internationally acclaimed author of *Earth's Pivotal Years*, is an intuitive healer and guide to others on the path of spiritual awakening. A former foreign correspondent with *The Wall Street Journal* and other media, she has decades of experience in the areas of world politics, social change, healing, consciousness, and spiritual transformation. In her journalism career, Selacia covered the White House, US Congress, G8 meetings, economic summits, and world trade

talks. In her global healing work, she has addressed the United Nations (SEAT). Her writings are read in sixty-four countries. She is a pioneer in DNA intuitive healing, serving people everywhere who desire wholeness and a heart-centered life. Selacia has dedicated her life to spirit, and to opening the way for others to progress on their path of enlightenment. Visit her at [www.Selacia.com](http://www.Selacia.com).