

# Prepare for 6/21 Solstice with Wesak Season Blessings

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This weekend's June 21 solstice is an auspicious half-year marker, a time when you can reflect on where you are in life and connect with spiritual fuel for the upcoming months. It is a time, too, of celebrating the change in seasons and acknowledging natural rhythms that connect you to the pulse of the cosmos.

As you feel more connected to the natural dance of life, you become more resourced on all levels – gaining clarity about expressing your purpose, catalyzing your forward momentum, and having the higher frequency you need to be a potent healing force in the world.

Solstice also coincides with the culmination of Wesak season, allowing you to tap into amplified levels of light and blessings available for several weeks each year. It's not necessary to know anything about Wesak or the enlightened masters associated with it to be impacted by this beneficial energy. Knowing that these energies exist ahead of solstice, however, is of benefit because when the blessings are on your radar, you can intentionally invite them in.

## 3 Solstice Contemplations

Ahead of solstice, consider contemplating the following themes and their relevance in your personal life.

**First** is a connection with the divine feminine – not related to gender but as the source of creation and creativity. Invite a stronger and more tangible connection with this essential energy. Ask to be shown through dreams and life happenstance

how you can be more honoring of the feminine principle. Invite an understanding of where you are out of balance, where you block your own flow, and where you stop yourself from receiving.

**Second** is a connection with the gifts you as a soul are alive to express in the world. Ask to understand these from spirit's perspective. Invite a knowing of how you discount your own gifts, how you hold back, or how you ignore natural rhythms when offering your gifts to others.

**Third** is a connection with the love that naturally abides within you, always present and available. Ask spirit to reveal examples of how this love is the most potent transformational force you have. Invite a knowing of the ways your love helps others awaken, helps bring comfort, and helps show people the way out of their own distress.



## About the Author

Selacia, internationally acclaimed author of *Earth's Pivotal Years*, is an intuitive healer and guide to others on the path of spiritual awakening. A former foreign correspondent with *The Wall Street Journal* and other media, she has decades of experience in the areas of world politics, social change, healing, consciousness, and spiritual transformation. In her journalism career, Selacia covered the White House, US Congress, G8 meetings, economic summits, and world trade talks. In her global healing work, she has addressed the United Nations (SEAT). Her writings are read in sixty-four countries. She is a pioneer in DNA intuitive healing, serving people everywhere who desire wholeness and a heart-centered life. Selacia has dedicated her life to spirit, and to opening the way for others to progress on their path of enlightenment. Visit her at [www.Selacia.com](http://www.Selacia.com).