

# Natural Cure-All Master Tonic Recipe (Super Easy!)

## [Waking Times](#)

This cure-all master tonic is an amazing natural cure for colds, flus, and respiratory problems. It is an anti-allergy, anti-bacterial, anti-fungal, anti-parasitical, and a general booster for the immune support system. It is extremely powerful because it contains garlic, horseradish, ginger, peppers, and onion, in an [apple cider vinegar](#) base.

Below the video is the full recipe. ENJOY!!

### **Cure-All Master Tonic Recipe from [Healthy Herbalist](#)**

**1 part fresh chopped garlic**

**1 part fresh chopped Onion**

**1 part fresh grated Ginger Root**

**1 part fresh grated Horseradish Root**

**1 part fresh chopped Cayenne Peppers or any peppers available.**

**Apple Cider Vinegar (Raw Unfiltered Unbleached Non-distilled)**

Fill a glass jar 3/4 of the way full with equal parts by volume of the above fresh chopped and grated herbs. Then fill jar to the top with raw apple cider vinegar. Close and shake vigorously

Shake at least once a day for two weeks, and then filter the mixture through a clean piece of cloth or filter, bottle and

label. Make sure that when you make this tonic that you shake it every time you walk by it, a minimum of once per day. Remember that all the herbs and vegetables should be fresh (and organically grown if possible) and use dried herbs only in an emergency.

This tonic is extremely powerful because all the ingredients are fresh. Its power should not be underestimated. This formula is a modern day plague tonic and when added to an incurable routine it can cure the most chronic conditions and stubborn diseases. It stimulates maximum blood circulation, while putting the best detoxifying herbs into the blood. This formula is not just for the sniffles, it has helped to turn around the deadliest infections like some of the new mutated killer viruses that defy conventional antibiotics.

The dosage is 1 or 2 ounce, two or more times daily. Swish and swallow. (Don't dilute with water.)

For ordinary infections, a dose taken 5-6 times a day will deal with most conditions. It can be used during pregnancies, is safe for children (use smaller doses and as a food is completely non-toxic. Make up plenty as it does not need refrigeration and lasts indefinitely without any special storage conditions.