

# Men: Develop Your Masculine Edge with These 9 Steps and Be Irresistible to Women



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Are you looking to develop your masculine edge?

Do you sometimes feel like you lack passion, fire, or courage in your life?

Do you find yourself feeling lacklustre, being boring, or overly nice?

Do you find it difficult to stay motivated in your career path, attract romantic partners that you're deeply compelled by, or find the determination to follow through on your commitments?

Then, chances are, you need to cultivate your masculine edge, pronto.

# What Is A Masculine Edge?

A masculine edge is the un-fake-able energy that any man who has done his work naturally carries.

A man who carries a masculine edge is not to be trifled with. He is never unnecessarily aggressive. He never engages in displays of false bravado. He is able to show his metaphorical sword without ever having to use it.

Imagine standing toe-to-toe with a man who is able to unflinchingly stare into your eyes. He faces you dead on, without using a hint of overt intimidation. He is unfazed by your physical proximity. When you look into his eyes, you see a deep, dark ocean of life experience and healed pain. There is a simultaneous wildness, and calm sense of rootedness in his energy field.

By meeting his intense, direct gaze, you immediately feel grounded, calm, and simultaneously inspired to step up in your life.

This is what it feels like to be in the presence of a man with a fully developed masculine edge.

## What Are The Benefits Of Developing Your Masculine Edge?

By cultivating the specific elements that cumulate into a masculine edge, you can expect to experience the following benefits, and more:

- More deeply aligned and fulfilling friendships/relationships
- More ease with getting into romantic relationships
- A more deeply fulfilling sex life
- More consistent energy and passion for your life's work

- More earned respect from others
- More compassion for yourself and others
- More courage and confidence day to day
- More honest conversations and relationships throughout the entire spectrum of your life

## **How Do You Develop Your Masculine Edge?**

For how rare of a quality it is in modern Western society, developing your masculine edge is more straight forward than you might think it is.

Without further ado, here are the nine highest leverage things that you can do to develop your masculine edge more effectively.



### **1. Presence**

Above all, a man with a masculine edge is present.

A man who is dripping with presence can see, hear, and understand someone completely simply by observing them. A present man can give his full attention without being distracted. A present man is the embodiment of pure consciousness.

Your ability to be present with others is ultimately a by-product of the health of your personal boundaries.

If you're constantly allowing external sources (events, people, etc.) to tap into your energy, then you'll always feel exhausted and will struggle with your presence.

**What To Do:**

On the strategic/life level... get used to saying 'No' to things, events, and people that you don't want to invest your energy in. Cut energy vampires from your life. Spend time around people who lift you up, challenge you, and inspire you.

On the behavioural/granular level, make solid eye contact with people as you listen to them, and have it be a mix of soft and strong. Use your eyes to observe and react, not to intimidate or judge.

Other suggestions:

- Go for walks without any technology on you
- Practice regular meditation or yoga
- Physically de-clutter your environment, and own less stuff (physical clutter equals mental clutter)
- Take baths, walk barefoot on grass, or do anything else that compels you to slow down and/or connect more directly with nature

## 2. Passion and intensity



One of the fastest ways to lack a masculine edge is to have a personality completely void of passion or intensity.

What do you burn for? What makes your soul light up? What values would you give your life to protect?

If there isn't anything in your life that stokes the fire in your belly, then you will have a flat and disengaging character.

**What To Do:**

Figure out what it is you burn for, and then live for it.

### **3. Cultivate directionality**

The essence of masculine energy is a sense of direction.

It is archetypically masculine to see a potential romantic interest and go directly towards them with an energy of, "I am aware of what else is out there... and I choose YOU."

It is archetypically masculine to find a career that aligns with your values, abilities, and passion, and say, "I am going to give this mission everything that I have. I will contribute to the world with all of my might, and I will make the world a better place for having done it."

It is archetypically masculine to decide to sculpt a better, healthier body, and to dedicate time, energy, and resources to make that a reality. Nothing stands in your way. It's raining outside? You're going for a run anyways. Difficult to stick to your diet while travelling? Good thing you came prepared. Someone offers you a drink on a night out? Doesn't align with your goals... hard pass.

#### **What To Do:**

Lean into your directionality in life. Go after what you want. Set goals, honour them, and let nothing stand in the way.

### **4. Speak your truth**

It is so common for modern men to speak out of both sides of their mouths. To stretch truths. To fabricate realities in order to signal to others how they want to be perceived.

Become a master at speaking your truth.

Easier said than done. Most people go their entire lives running away from that which is true for them.

The truth can hurt, but it can also liberate.

“I find you immensely intriguing and I would love to take you out on a date this Saturday night.”

“I’m not in love with you anymore.”

“I hate this career path, and I want to change what I’m filling my days with.”

“It is not acceptable when you treat me in this manner. This stops now.”

In speaking your truth, you come into greater alignment with your desires, your goals, and your mission in life.

### **What To Do:**

Get into the habit of speaking your truth regularly. A life of half-truths and fabrications will only lead you to an enduring sense of emptiness and an underlying lack of fulfillment.

## **5. Stop putting everyone else’s needs ahead of your own**

One of the fastest ways to give up your personal power is to put other people’s perceptions ahead of your own perception of yourself.

You are the ultimate authority in your life. Stop seeking approval from others and impress yourself instead.

If you aim to please everyone, you will end up pleasing no one... least of which yourself.

### **What To Do:**

If you are chronically selfless, giving, and aware of others, make sure that you swing the pendulum into healthy selfishness. Put your own needs first. Ensure that your own cup is full, so that you give to others from an authentic

place of overflow and abundance.

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