

# Manifestation and Spirituality, Conscious Evolution and Ascension

Listen to the November 16th Cosmic Creating Radio Show and learn how manifestation is a spiritual process and the link to conscious evolution and ascension.

On this show, I cover:

- How successful manifestation requires a higher consciousness.
- How to raise your consciousness through mindfulness.
- How manifestation is linked to your purpose.
- The 3rd, 4th, and 5th dimensions and their links to manifestation.
- How to tame the ego to become a master of manifestation.
- A powerful message from the I Ching on spirituality.
- How to turn challenges into evolutionary catalysts.
- The process of conscious manifestation.

You can get a copy of my book *Empowered Manifestation* at [www.empoweredmanifestation.com](http://www.empoweredmanifestation.com).

Listen below...

Let me know what you think in the comments, here or on [YouTube](#).

You can listen to the live Cosmic Creating Show every Saturday, 4-6 pm EST at [www.cosmicreality.com/radio.html](http://www.cosmicreality.com/radio.html) where you can join in the chat room and ask questions during the show.

The recordings of all my shows are on [YouTube](#) and [Spreaker](#) and all the leading podcast channels.



Jan Shaw – [The Success Alchemist](#), is a Spiritual Empowerment and Intuitive Success Coach, Success Strategist and Mindfulness and Manifestation Mentor and can be found at [www.thesuccessalchemist.net](http://www.thesuccessalchemist.net). She delivers intuitive guidance, spiritual and metaphysical teaching, plus life and business strategies, to support you in fulfilling your Soul Mission and Life Purpose. Get your FREE copy of her [Dream Achievers Success Kit](#) or apply for a complimentary [Success Strategy Session](#). Her book *Empowered Manifestation* is available on [Amazon](#). Visit her [YouTube Channel](#) for more tips, tools, and training. You can also visit her [Facebook Page](#) and join her Facebook Group, [Breakthrough to Brilliance](#). Jan also hosts the Cosmic Creating Show every Saturday on Cosmic Reality Radio.