

Let's Tap to Harmonize Opposing Chakra Energies

Video Source: [chakraboosters](#)

This week, after doing a sweet ceremony under the relational [Libra Full Moon](#), I felt compelled to create an EFT video. The loving energy of the [Venus Star Point](#) inspired me to stop the long-standing battle between our chakras – especially the lower, most-embodied ones.

How Your “Neighboring” Chakras Conflict

Feel into these contradictions...

Your root chakra wants stability, simplicity, and a plan, while your sacral chakra wants to change, complexity, and spontaneity!

Your solar plexus chakra wants to take control and be active, direct, and independent. And your sacral chakra wants to surrender, be passive, emotional, and responsive.

Your heart chakra wants to focus on acceptance, harmony, and connecting with others. And your solar plexus chakra wants to point out the differences, make its own mark and be the lone wolf.

You get the point.

Your chakras are literally a vertical conflict zone moving through the center of your body. And that can create cacophonous dissidence – or integrated power.

EFT Harmonizes and Integrates Your

Chakras

I want harmony and empowerment. That's why I created the tapping video above (for me as much as you – haha).

It invites your masculine (contractive, externally-oriented) chakras and feminine (expansive, inwardly-oriented) chakras to be on the same team.

Do it now and experience more internal integration.

Have a beautiful week!

Love and blessings,

Vicki

I'm excited to share my most recent creation: CirclingSpace.com. Please join me for a free intro event – sign up here. <http://circlingspace.com/intro-free> And of course, I still wear and love my [Chakra Boosters Healing Tattoos](#). I created them because getting a real root chakra tattoo positively shifted my whole life and I want the same for you. Do you desire more prosperity? Discover your personal [Chakra Abundance Type FREE here](#). Check out my latest book, [“Your Roadmap to Life Mastery: Discover the 7-Year Cycles That Shape Your Life” here](#). Need support on your path? I offer [life coaching](#) that's chakra-based, psychically-guided, and really supportive and fun!