

Alexis Brooks



Alexis brings over 30 years of broadcast media experience to CLN. For over half of that time, Alexis has dedicated her work to the medium of alternative journalism, having researched and reported on the many aspects and angles of metaphysics, spirituality and new thought concepts.

She is the #1 Best-Selling Author of *Conscious Musings – Contemplations to Transform Life and Realize Potential*, and has spoken extensively about her philosophy on the subject of personal transformation and development.

Her work which explores consciousness, human potential, and the deeper characteristics of reality from a transcendental perspective, have been described by others as “lucid and easy to understand” in covering an otherwise complex and esoteric subject matter.

A former broadcast executive, commercial copywriter, and voice talent for major market radio and television, Alexis parlayed her journalistic skills into her life-long passion: working and interfacing with some of the leading researchers and experts in the field of consciousness and related subjects. She has interviewed many “alternative thought-leaders” including, author and consciousness researcher Dr. Larry Dossey, author and paranormal researcher Rosemary Ellen Guiley, near-death researcher PMH Atwater, OBE (out-of-body-experience) expert William Buhlman, scientist and film maker David Sereda, psychic medium John Edward, author and intuitive Penney Peirce and author and new science researcher Cynthia Sue Larson, among many others. Her articles have appeared both in print and online for over a decade. Her work has been

featured in Spirit of Change Magazine, Wisdom Magazine, Fate Magazine and on popular alternative websites like, Consciouslifeneeds.com and Lightworkersworld.com.

Early on in her career as a “new thought” writer, Alexis was interviewed by well known paranormalist Uri Geller about her own approach to understanding the complexities of consciousness. Additionally a very personal and powerful dream account she experienced was featured in Best-Selling Author Rosemary Ellen Guiley’s 1998 book, *Dreamwork for the Soul*.

In March of 2013, Alexis co-hosted the Conscious Life News *New Mind Body Spirit Summit*, in which she featured speakers including NY Times Best-Selling Author, Sonia Choquette, HeartMath’s Howard Martin, and new age Grammy nominated recording artist, Steven Halpern.

Alexis began as a lead contributing writer for Conscious Life News in 2012 and now hosts CLN Radio’s [Higher Journeys Radio with Alexis Brooks](#).

Among the many topics Alexis has covered, her research on *animal reincarnation* has garnered much attention about an elusive though fascinating subject that continues to gain massive attention in the public at-large.

She lives in the Boston area with her husband Derek and their white Persian cat *Clover Paws*, who became a key factor in Alexis’ research into the phenomenon of animal reincarnation.

To inquire about Higher Journeys Radio and to suggest guests for the show email Alexis at alexis@consciouslifeneeds.com.

To learn more about Alexis’ work, visit higherjourneys.com

Visit Alexis’ [CLN author’s page](#)