

# Dr. Mercola Exposé: Why You Shouldn't Trust This Popular "Medical" Advice Website



**By Dr. Mercola**

WebMD is the most visited health site on the web. While the general belief is that it's a trustworthy source of "independent and objective" health information, it's become quite clear that WebMD is a shill, using its influence to primarily promote corporate-backed health strategies and products.

Partnerships and sponsorships<sup>1</sup> color WebMD's recommendations across the board, and "passive" promotion techniques, where advertisements are designed to look more like editorials, have become commonplace.

The pharmaceutical industry's influence over WebMD has of

course been evident for some time.<sup>2</sup>

As just one glaring example, back in 2010, I wrote about how WebMD's free online [depression test](#)<sup>3</sup> was rigged in such a way that no matter how you responded the only answer you could receive was that you were at risk for major depression and should discuss your options with your doctor.

This fake test was sponsored by Eli Lilly, the maker of Cymbalta, and its function was quite clear – to get you to inquire about antidepressants.

This sneaky form of direct-to-consumer advertising masquerading as a bonafide consumer aid sparked enough furor to spur Senator Charles Grassley to launch an investigation. After all, no one expects to be directed to seek help, let alone drugs, when you have no symptoms of a problem whatsoever.

Monsanto is one of the latest multinational corporate giants to use WebMD's influence to serve its own biased agenda.

***Related Article: [Scientist with Plant PhD Shares The Truth About GMOs and Genetic Engineering](#)***

Almost every article now flaunts a Monsanto sponsored ad saying, "It's time for a bigger discussion about food," with links<sup>4</sup> to Monsanto's biased take on soil, water, and honey bee issues, with no other contributors to the discussion in sight.

## **The Rise of 'Passive' Marketing**

According to marketing strategists, advertorial sponsorships are the best way to sell something these days, because consumers do not realize they're being sold something.

In years past, the line between editorial and advertorial content was quite clear, and there was virtually no confusion

about the fact that you were reading an ad. Today, you have to be more “eagle-eyed” to spot these differences.

A business has to pay for a sponsorship/advertorial just like it would a regular ad, and in some cases, they pay significantly more than they would for a regular ad. But the expense of a sponsorship/advertorial is considered worth it because:<sup>5</sup>

- The venue where your sponsored advertorial is going (in this case, WebMD and its affiliates) has no input on the content – the advertiser has full control over the text of the “informative” ad
- You, the advertiser, can control how the information is presented on the page, as opposed to having to select a regular display ad format.
- Although expensive, the sponsored advertorial can be used in multiple publications.
- Companies can reuse a sponsored advertorial as a stand-alone ad in other places.

## **‘Native Advertising’ Blurs the Line Between Ads and Independent Content Even Further**

Another form of this type of shrouded sales presentation is called “native advertising.”<sup>6</sup> The key difference between a native ad and an advertorial is that a native ad fits more seamlessly into the Website on which it is featured, making it even less noticeable as a sales pitch.

In essence, you think you’re reading a regular content article, when in fact it’s all marketing. In the case of WebMD, the advertorial/native ad line is very thin. Many of WebMD’s disclaimers on its pages are barely noticeable and in a typeset that encourages readers to skip over the disclaimers

entirely.

What this amounts to is a massive collusion on the part of the industries partnering with WebMD to sell THEIR health goals and products without you realizing you've been sold something that may or may not be in your best interest at all.

The worst thing about this is that WebMD and its affiliates promote themselves as trustworthy sources for health information. But if the information is being blurred – deliberately – to sell very specific products and ideas. How trustworthy is that?

## **Monsanto Uses 3rd Parties to Manipulate GMO Content**

In February 2015, the California-based activist group US Right to Know filed a freedom-of-information (FOIA) request to obtain correspondence between 40 researchers at U.S. public universities and 36 different companies, trade groups, and PR firms.

The purpose of the FOIA request was to determine whether or not academics and researchers are coordinating their messaging with the industry, and/or receiving undisclosed remuneration for spreading positive messages about GMOs.

The New York Times posted a long list of emails<sup>7</sup> between Monsanto and University of Florida professor [Kevin Folta](#), a vocal advocate for [GMOs](#). These emails clearly reveal how Monsanto's PR firms use "independent" scientists to further the industry's version of science.

**[Related Article: 44 Reasons to Ban or Label GMOs – by Gary Null, PhD.](#)**

Mother Jones<sup>8</sup> has also posted an email exchange between Lisa

Drake, lead for Monsanto's U.S. State and Local Government Affairs, and Folta, relating specifically to WebMD, and how Monsanto is manipulating WebMD's content on GMOs via third parties.

On January 15, 2015, Drake wrote to Folta saying (in part):

*"Over the past six months, we have worked hard through third parties to insert fresh and current material on WebMD's website relating to biotechnology health and safety, especially since before that, the material popping up on relation to the topic dredged up highly negative input from Organic Consumers Association and other anti-GMO critics ...*

*[W]e understand another way to improve the resources on the website is through bloggers to the website. It is a fairly simple process and I would appreciate your consideration of submitting a blog on the safety and health of biotech to WebMD ..."*

Folta has since been thoroughly discredited as an "independent" GMO expert, but it's quite clear that there are many more just like him, quietly working on behalf of the industry while hiding the connection between them, to prevent you from realizing that what you're reading is actually part of a covert propaganda strategy.

## **WebMD's History Is Riddled with Conflicts of Interest**

WebMD also receives funds from the U.S. government. In 2013, WebMD received a \$4.8 million government contract to educate doctors about the [Affordable Care Act](#) and stimulate drug sales.<sup>9</sup>

At the time, the lack of transparency and disclosure of the contract raised questions about potential conflicts of

interest. As noted by Michael Minkoff:<sup>10</sup>

*“If WebMD is comfortable selling out to the drug companies, I can’t imagine they will show more compunction concerning the civil government. In order to keep their government contracts, it is very likely they will say whatever they are told to say.”*

WebMD is also partnered with the U.S. Food and Drug Administration (FDA). This virtually assures that you will not learn about any alternatives besides those approved by the FDA for your condition, and further strengthens the promotion of sponsored drugs.

By default, you will be kept in the dark about the strategies that can make a real and lasting difference, such as simple dietary changes and [exercise](#), which in some cases have been shown to be just as effective as drugs.

WebMD also has a programming partnership with CBS News;<sup>11</sup> the two working closely together to create co-branded news segments. However, this partnership is not openly disclosed to viewers.

In 2008, CBS News ran a segment on how to protect yourself from bad medical information on the Internet.<sup>12</sup> Part of the recommendations included looking at sites like WebMD, as its content has been reviewed by health professionals.

But, when so much of the information presented is sponsored advertorials and “native advertising,” just how valuable is that medical advice? Viewers were essentially snookered twice, because you’re just as likely to be misled by advertising as you are by an outright crook.

# Advertisers Are Not Concerned with Transparency and Full Disclosure

Others have noted that many of WebMD's chosen doctors and experts just so happen to be affiliated with major advertisers<sup>13</sup>— yet another way of steering unsuspecting patients into a particular fold.

Besides drug companies, other major advertisers include the nutrition and diet industry and the processed food industry. Here too advertorials can easily be misunderstood as “real,” science-backed content by those who are unfamiliar with diet and nutrition and can see right through the sponsored presentations.

As noted by Terry J. Allen:<sup>14</sup>

*“Numerous WebMD news videos and stories tacitly endorse fast food by posing misleading questions such as ‘Fast-Food French Fries: Which Are Healthiest?’ In ‘Fast Food Survival,’ the only quoted expert, ‘Jodie Worrell, RD, Chick-fil-A dietitian,’ praises the healthiness of her company’s chicken sandwich. On WebMD’s U.K. site ... a Kellogg’s-funded ‘advertorial’ asserts that a ‘panel of world health experts ... concluded that a high sugar intake is not related to the development of heart disease, diabetes, high blood pressure or cancer.’*

**[Related Article: New Reality: Healthy Seismic Shift In American Food Industry](#)**

*And that Kellogg’s breakfast cereals, some packing more sugar than a Twinkie, ‘do not increase the risk of tooth decay’ when eaten with milk ... [T]here’s a ‘fundamental conflict between a business model that is reliant on pleasing BigPharma and other advertisers, and unbiased healthcare information that serves the public.’”*

Indeed, and that's a major problem for WebMD, which on the one hand relies on advertising dollars and sponsors to survive, while presenting itself as a source of reliable health information. Advertising has never been known for transparency and truth-telling. It's about increasing sales, plain and simple.

It has nothing to do with public education, yet consumers turn to WebMD to become better informed about issues of concern. When marketing is presented as content, consumers are misinformed at best.

As just one of countless examples, Merck is one of WebMD's sponsors,<sup>15</sup> and when surfing through the many vaccine-related pages on WebMD, you will find a very clear pattern: The alleged benefits of vaccines are repeatedly hammered down as if they were irrefutable facts, while the potential drawbacks and hazards of vaccines are virtually nonexistent.

Contrary to what a concerned parent would expect, WebMD presents, on the whole, an exceptionally one-sided view of the vaccine issue, and what is NOT presented is equally potent evidence of corporate bias and influence as what is included.

## **Take Action! Tell WebMD to Stop Promoting Monsanto**

The Organic Consumers Association (OCA) is now urging WebMD's CEO to stop promoting Monsanto – the world's largest poison pusher. If you're as upset about this as we are, OCA has created a petition letter that you can sign and submit.

WebMD 'Accreditation' Promotes False Reassurance of Truthfulness

WebMD explains that the site is "accredited" by URAC Health<sup>16</sup> – a nonprofit organization that promotes health care quality and



offers accreditation for Internet health sites – which lends credibility to whatever WebMD publishes, whether it has a sponsor disclaimer on it or not.

For example, if you have knee pain and you find the page on knee pain on WebMD, you'll see that this sponsored page talks a lot about ways to get pain relief – from Genzyme, the company sponsoring the page.

Now, if you're in pain, why would you go traipsing all over the Internet for something else, when WebMD has it right there in front of you? After all, WebMD wouldn't let them sponsor if it wasn't good, would they? Especially since WebMD is accredited.

Most people simply are not going to sit and analyze this. They're just going to buy the product. The same applies to Monsanto. If WebMD is carrying Monsanto's message, even if it's clear that Monsanto crafted it, then many will simply assume that GMOs must be safe. Especially if there's no counter-balance of information presented.

## **Key for Successful Propaganda – The Illusion of Independent Corroboration**

The drug, junk food, and biotechnology industries have deep pockets, so it's no surprise that their adverts would be splashed all over the WebMD website.

Prescription drugs for every imaginable problem are listed on virtually every WebMD page, along with plenty of [health-harming processed foods and snacks](#) – along with Monsanto's assurances of GMO safety. WebMD is a great example of the brilliant marketing these industries are doing.

They seek to provide you with *the illusion* of an independent

objective third party that just so happens to confirm their solution is the best choice. But, when you draw back the curtain, you find it's really the companies themselves that are crafting the message – *not* an independent entity that has looked at all the pros and cons and detail both sides of the issue.

The lack of independence among promoters and distributors of health information has become of tremendous concern. Due to a dramatic rise in scientific fraud, it's more important than ever to be able to gain access to the full set of data before making or taking a recommendation.

Not only are industry studies 400 percent more likely to show positive outcomes, negative findings are often never published, and raw data is rarely publicly available. Across the board, companies do an excellent job of publicizing the findings they want you to know, while keeping studies that don't support their product hidden from you and the rest of the world.

Also, I'm sure by now many of you can follow the dots and draw your own conclusions with circular maps and arrows marking the many conflicts of interest that exist between this unholy alliance of so-called independent health advisors, pharmaceutical companies, processed food companies, the biotech industry, and various regulatory agencies, including the FDA.

Folks, it's time take control of your health, and that includes being able to discern real health advice from shadow marketing machines and propaganda that serves no one but the very industries responsible for much of the ill health in the first place.

When it comes to GMOs, labeling is an important aspect of public education. Campbell Soup recently announced<sup>17</sup> it supports a mandatory national labeling standard for GMOs – a

surprising but welcomed move, considering it's a member of the [Grocery Manufacturers Association](#), and has been a major contributor to previous anti-labeling campaigns.

Three-quarters of its products reportedly contain GMOs, and the company is already disclosing which ingredients in its products are genetically engineered on its website.<sup>18</sup>

## What You Need to Know About GMOs

Genetically modified organisms (GMOs) are live organisms whose genetic components have been artificially manipulated in a laboratory setting through creating unstable combinations of plant, animal, bacteria, and even viral genes that do not occur in nature or through traditional crossbreeding methods.

GMO proponents claim that genetic engineering is "safe and beneficial," and that it advances the agricultural industry. They also say that GMOs help ensure the global food supply and sustainability. But is there any truth to these claims? I believe not. For years, I've stated the belief that GMOs pose one of the greatest threats to life on the planet. Genetic engineering is NOT the safe and beneficial technology that it is touted to be.

The FDA cleared the way for GE (Genetically Engineered) Atlantic salmon to be farmed for human consumption. Thanks to added language in the federal spending bill, the product will require special labelling so at least consumers will have the ability to identify the GE salmon in stores. However, it's imperative ALL GE foods be labeled, which is currently still being denied.

The FDA is threatening the existence of our food supply. We have to start taking action now. I urge you to share this article with friends and family. If we act together, we can make a difference and put an end to the absurdity

# QR Codes Are NOT an Adequate Substitute for Package Labels

The biotech industry is trying to push the QR code as an answer for consumer concerns about GE foods. QR stands for Quick Response, and the code can be scanned and read by smart phones and other QR readers.

The code brings you to a product website that provides further details about the product. The video below shows you why this is not an ideal solution. There's nothing forcing companies to declare GMOs on their website. On the contrary, GE foods are allowed to be promoted as "natural," which further adds to the confusion.

These so-called "Smart Labels" hardly improve access to information. Instead, by making finding the truth time consuming and cumbersome, food makers can be assured that most Americans will remain ignorant about the presence of GMOs in their products. Besides, *everyone* has a right to know what's in the food. You shouldn't have to own a smartphone to obtain this information.

## Non-GMO Food Resources by Country

If you are searching for non-GMO foods here is a list of trusted sites you can visit.

- [Organic Food Directory \(Australia\)](#)
- [Eat Wild \(Canada\)](#)
- [Organic Explorer \(New Zealand\)](#)
- [Eat Well Guide \(United States & Canada\)](#)
- [Farm Match \(United States\)](#)
- [Local Harvest \(United States\)](#)
- [Weston A. Price Foundation \(United States\)](#)

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