

Do You Have a Heart Chakra Personality? Here Are 11 Signs

Video Source: [chakrabusters](https://www.chakrabusters.com/)

Welcome to our fourth personality type in this series: The Heart Chakra Personality.

The heart is the middle chakra of our energy field so it is your energetic balance point. That is why love is so important to us humans. It's basically our essence; our set point.

The heart chakra is green and its secondary color is pink. The element here is easy-breezy air, and the qualities are the ones an unconditionally loving mother so easily demonstrates: love, compassion, kindness, patience, peace, forgiveness and gratitude. The heart is also the energy center of healing, since the heart's energy moves down the arms and out the hands.

Here are the signs that you have a heart chakra personality:

1. You're motherly and enjoy taking care of people.
2. You're a natural healer. Rub your hands together and see how easily and quickly you generate heat.
3. You have extra awareness of your hands and may have elegant hand gestures.
4. You are graceful (yes, this includes you heart chakra MEN too).
5. You relate to animals, especially the type that get close to humans, because they are such great teachers of love and bonding.
6. You tend to love nature.
7. You're open-minded.

8. You rarely judge others.
9. You're generous.
10. You're so forgiving that it's almost impossible to hold a grudge.
11. You're drawn to do charity work.

Who do you think is the iconic heart chakra person?

I have chosen Princess Diana, because she totally personified love, charity and motherhood. I decided not to pick Mother Theresa here – because she was a nun and I wanted to point to a “normal” person – someone who had a very relatable personality (still, I am aware that it's not all that common to be an official princess).

Are you a heart chakra personality?

I'd love for you to comment below. Now that we've covered half of the seven chakras, you may already be getting of what kind of chakra personality type mix you are. Let me know!

And if you have any questions, leave them on my youtube channel here, and I'll get an answer to you.

Big heart chakra love and blessings,

Vicki



Vicki Howie is the Creator of [Chakra Boosters Healing Tattoos™](#) ([find out what inspired her to create them here](#)).

Check out her new book “The Key to Your Chakras” [here on amazon.com](#). Vicki is also the Creator of [Chakra Love](#) and the Chakra Life Cycle System®, as well as the Co-Editor of [Conscious Life News](#). You can visit [her website chakraboosters.com](#), [facebook page](#) and [youtube channel](#) for lots of free chakra info and gifts. Vicki’s biggest joy is to help you unleash your full chakra power and step into your highest potential.