

Deeper Level Orgasm Training: Lilou Mace Interview

Source: [Lilou Mace](#)

Former Spanish porn star-turned Transcendental Sexuality Taoist, José Toirán, trains women in how to connect the mind, heart and uterus together, strengthening orgasmic power and easing the experience of childbirth.

Every woman, on her own, can access the orgasm via three pathways that guide us to experiencing different levels of inner power.