

# Conscious Light: A Documentary Film on the Life & Work of Adi Da Samraj

Source: [Adi Da Videos](#)

**CLN EDITOR NOTE:** I watched this amazing film last night and was deeply moved by the life and teachings of Avatar Adi Da Samraj. It showed me what is possible for humanity. Afterward, I found myself wanting to learn more about Adi Da's teachings, so I went and purchased one of his books: [\*Conductivity Healing \(Energy-Healing Practices That Support An Intelligent, Harmonious, and Flowing Re-Integration of The Physical and Etheric Dimensions of The Human Body\)\*](#).

Watch this trailer for the super inspirational, award-winning documentary on the life of Avatar Adi Da Samraj, called *Conscious Light*, which you can now watch online.

Drawing on an extensive archival collection of film, photography, and audio recordings, as well as interviews with students who lived with Adi Da and practice his teachings, *Conscious Light* takes the viewer on a journey from Adi Da's birth through his thirty-six years of teaching to the legacy and relationship that remains after his passing. *Conscious Light* offers a penetrating glimpse into Adi Da's work to establish a way of ultimate spiritual realization for everyone.

The film also captures candid, often humorous, and spiritually profound exchanges between Avatar Adi Da and his students over the course of more than three decades, including transcendent moments of sublime silence and spiritual transmission. Viewers are drawn into a deeply intimate experience of Avatar Adi Da's living spiritual presence.

For more information about the film, go to:  
[consciouslightfilm.com](http://consciouslightfilm.com)

To register for an online screening (ticket prices are by donation – including free), which is available in multiple languages and timezones, go to:  
[consciouslightfilm.com/screenings](http://consciouslightfilm.com/screenings)