

Julia Parsell



Julia Parsell is a Holistic Health Coach through the Institute for Integrative Nutrition. She has also trained in Qi Gong, apprenticed with a Universal Shaman with continuing studies in herbals and human consciousness. She has lived with a deep connection to spirit for as long as she can remember.

Julia believes in the power of prayer and experiences its power. It her desire and life purpose to encourage others to connect or reconnect with their true selves and live a liberated life.

Julia posts a new article on CLN every Monday. To view her articles, click [HERE](#).