How to Ensure that YOU Live in a Parallel Reality That YOU Prefer

Source: /bashar.org

**CLN Editor Note:** Below is a partial transcript of one track off of the 4-part CD program titled “Navigating the Splitting Prism of Parallel Realities” by Bashar (channeled by Darryl Anka and recorded on Nov 16, 2019). If you resonate with this track, please consider purchasing the 4-CD set or any of Bashar’s other channeled messages. The message below instructs us on how to maintain the state of being that we most prefer regardless of how circumstances may appear. That preferred state of being can become the navigational device that allows us to find ourselves in the parallel reality that best suits who we truly are.
PARTIAL TRANSCRIPT

Bashar:

We would like to begin this transmission with the idea of navigating the splitting prism of parallel realities. Now as we have said in other transmissions, what you are experiencing on your planet at this time is a juncture, a junction point, a pivot point, especially coming up in your year of 2020, which symbolically represents the idea not only of clear vision forward but also the idea of 20/20 hindsight – and in gathering together all the lessons you have learned, all the information that you need to move forward with clarity in that pivotal year and the years to follow.

You Are Creating Your Own Version of Reality

Even though you may think that you are all sharing one particular reality, you are NOT. You are creating your own version, your own simulation through agreements, telepathically connected agreements with each other, to create what appears to be the same reality, but each of you is creating your own.

And many of you now are beginning to realize, as your society continues forward, that there are many individuals who are choosing different expressions of reality that are not necessarily in alignment with the kind of experience that you prefer to have on your planet. Or again, more precisely: on your planets because there are multiple versions of Earth simultaneously coexisting here.

There Is a Barrier Between Realities – Like a Glass Wall

And the idea is that now the splitting prism has moved forward
enough that there are starting to be in between all of these different parallel realities a kind of borderline, a kind of barrier. You can liken it to the idea as we have said of a glass wall. You can see through it to the other realities to the people that are not necessarily choosing things that are vibrationally compatible with the kind of reality experience you prefer, but that doesn’t mean that they can affect you, because they can no longer really reach you with their vibration except by your choice to mirror or mimic what you’re seeing on the other side of the glass. But there is no other effect than that: your choice to believe that you must be affected by them is you creating that effect in your reality, your discrete parallel reality.

As You Harmonize with Those Who Are Vibrationally Compatible and Dis-Harmonize with Those Who Are Not, the Glass Wall Becomes Thicker

So as you move forward recognizing that each of you is in your own reality, literally, and that you can make more and more agreements with those that are more vibrationally compatible with what you prefer to again continue to generate simulations of these realities for yourselves that do harmonize with those that are vibrationally compatible with you and dis-harmonize or become more dis-coherent with those that are not vibrationally compatible with what you prefer – the split becomes wider and wider, the walls of glass become, in a sense, thicker and thicker and thicker.

Follow the Formula to Create the Reality You Prefer

Now the idea of navigating through what’s happening in this splitting is to allow yourself the opportunity to not only follow the formula that we have given you that is
representative of the instruction manual of how reality works, which is:
– act on your passion to the best you can
– no assumption, no insistence on the outcome
– and remaining in a positive state no matter how things look in order to extract a beneficial effect

See more details on The Formula here:

Foolproof Formula for Your Best Possible Life

The Language of the Higher Mind and Physical Reality

Along with that that is another element that now becomes more crucial, more important as the days unfold, as the years unfold. Going forward in your sense of time and space.

We have discussed from time to time the difference in the language between your higher mind, which is non-physical and your physical mind. The higher mind, being non-physical, has a language of energy vibration, resonance. Now all things operate on resonance of energy, but it is from the higher mind purely an energetic transmission.

And when your body receives this, like an antenna, it translates this vibrational language from the higher mind as the physical sensation you call passion, excitement, creativity, love.

But your response cannot only be in energy. It cannot only be in words. The language of physical reality is physical actions. And therefore, this is why it is so crucial to act on your passion. Not just think about it. Not only just meditate on it. Not only just give off loving energy to everyone All these things help, but the physical action seals the deal, completes the circuit, grounds the effect.
And the physical acts you take that are in alignment with the reality you prefer, instead of just wishing or hoping that your reality will shift into more and more of a representation, the physical actions you take will actually start to crystallize that reality much, much more quickly, much more coherently for you.

That’s how you navigate through all of these splitting prisms – taking yourself by acting on your passion, steering that rudder being the vibration of the reality you prefer to experience so you can navigate toward it more and more every day and every way. But along with that it is crucial to really take the physical actions necessary to really home in on that reality, to demonstrate by your actions the reflection that you ultimately will see in that reality.

So for example, we have sometimes been asked questions such as: if I am in my reality and I see something happening that is what I don’t prefer. Should I help? YES! Because it is the action of being of assistance that belongs in the reality you prefer. That’s one of the expressions of the reality that most of you theoretically would prefer – that when one gives off a signal that they might require assistance that you actually take the action of assisting them somehow.

**Taking Action Is the KEY to Solidify the Reality of Your Preference**

It isn’t that you have to expect a particular outcome from that, but it is the action itself, the offering itself that makes all the difference. And whatever comes to fruition from that will crystalize and solidify the reality of your preference, but the actions are key.

We got another question recently about the idea of: if I’m in my reality and I’m walking along and I see a piece of trash on the ground, should I pick it up? Yes, if you don’t prefer it to be in your reality. You have to demonstrate through your
actions what this reality you prefer would actually be like where people would automatically do those kinds of things. You have to be the first, foremost living example of the behaviors that belong in the realities you prefer.

By being that physical example and demonstrating those behaviors, others will see that – others who wish to align with the similar kinds of realities, create those kinds of realities for themselves, will see that and they may realize that those are the kinds of behaviors that are representative of those kinds of realities. And you will have given them an opportunity to see, through you, someone in their preferred reality doing something that represents the kind of reality they prefer.

So you become a living example to them and an example and a solidifier and a crystallizer to yourself by actually undertaking those kinds of actions that are representative of the reality in the way you would also prefer to see others behaving: getting a reflection of that kind of consciousness, of that kind of conscientiousness, of that kind of awareness. And the willingness to take action on it to demonstrate what that reality really looks like and what the people living in that reality would actually, naturally automatically do.

**Act on Your Passion the Best You Can**

So the idea then is: as you go through life, as you act on your passion best you can, as you let go of the insistence on what the outcome should look like, as you remain by choice in a positive state no matter what happens so that you can derive the benefit from that circumstance – also put yourselves out there by taking the actions that are representative of that passion. Don’t hesitate. Don’t hold back if you

If you need to express yourself through writing – write! If you need to express yourself through painting – paint! If you need to express yourself through acting – act! In some way,
shape or form express your creativity. Express who you are through the physical actions on a daily basis, so that others may see through you as a living example what that reality looks like and what the citizens of that reality do.

And it will start to really bleed through. It will start to rub off on others who are even minorly willing to navigate in that direction. So each of you becomes a crystallized nodal point, a magnetic nodal point that starts to attract more and more like-minded people even if their vibration is not exactly aligned. You can act as a magnetic nodal point to give them more opportunity to realize: “Oh this looks more like the reality I prefer. I see the actions of these people here. That looks more like the reality I prefer. And so I myself will also take those actions so that they can see something similar in the reflection that I am to them.”

**Share Your Gifts**

Don’t hesitate! Remember, please remember if you have a gift to give, that means there has to be someone waiting to receive it. Otherwise, you wouldn’t be excited about having that gift, about expressing yourself that way. So please do not deprive others of the gift that they are waiting to receive from you.

Let go, open up, take the actions every day as best you can, every moment that you can, on the things that give you joy. Don’t just muse about them. Don’t just wish. Don’t just think. Don’t just meditate. These are all wonderful states of being, but the action completes the circuit. It completes the cycle and it allows the higher mind to know that you actually heard the message it sent you through passion because you are speaking in the language of physical reality.

And therefore you are creating a space by taking those actions that allow the higher mind to not only know you heard it, but that you’re willing to handle more opportunities that it could send your way through passion of what it is that is
representative of your true self. For if you do not act on the things it’s already sent you, why should it send you any more. It would be pointless.

So the more you act, the more space you make for more opportunities to act on your excitement, to act on your passion. You create this cycle and it expands and expands and expands.

Be Your True Self and Take Actions that are Representative of the Reality You Prefer

So again, even though there may be those that you see through the glass walls into another reality that are behaving vibrationally incompatible with what you prefer, at the very least by being your true self and taking these actions that are representative of the reality the version of Earth you prefer, you are even giving them an opportunity because they can see you too. You are at least giving them an opportunity to know there might be another choice they could make. There might be another path they could take – not that they have to. This is not about insistence. It’s about allowance. It’s about demonstration to show that there are options.

And in that way with those actions and being a living example of that reality through your actions, do you solidify and crystallize for yourself the reality, the version of earth that is truly more vibrationally compatible with the reflection that you would prefer to see. And bit by bit, you take steps more and more everyday toward that reality – waiting a little bit to some degree for some others to catch up but not to the point where it holds you back.

It’s up to you to decide how this works for you, but take the actions that you can.