8 Simple Ways To Boost Your Clairvoyant Abilities

Clairvoyance is the psychic ability to “see” the future, the past, non-physical energy and beings as well as and colors connected with energy. Each one of us can develop this psychic sense within ourselves. Some people are strong clairvoyants from birth and some need to put forth extra effort to develop their clairvoyance abilities. I encourage everyone to embrace and use clairvoyance in our lives to see the possible future for ourselves when it comes to decisions within our every day lives. There are many ways to develop the ability to become more clairvoyant. I have put together 8 simple ways to boost your clairvoyant abilities in a short period of time.

Related Article: What Type of Psychic Ability Do You Have?

Here are a few ways to help fine tune your clairvoyance skills:

1. Try guessing or “seeing” what the person you will be meeting with later on in the day is wearing. What colors will they select? What type of clothing are they wearing? How will they wear their hair?
2. Ask someone to put some items in a box or bag. Write down what is in the bag by color, shape, texture etc.
3. Allow visions and pictures to flow through your mind’s eye. Write down what you “see” without stopping to interpret each thing that you see. Your higher self is communicating with you via clairvoyant messages.
4. Close your eyes and have your eyes “look” at your third eye (the space just above the bridge of your nose, in
the middle of your forehead). By focusing on this center you will develop your psychic vision.

5. Envision your third eye center having a physical eye, see the eyelid open, and then allow yourself to “see” with this eye.

6. Give this yoga exercise a try – Simple Yoga Pose

7. Rub your third eye and say, “Higher self help me to develop my clairvoyant abilities.”

8. Place a lapis lazuli, moonstone, azurite, amethyst, selenite and or malachite crystal on your third eye. You may also wear or carry one of these stones to help you increase your psychic sight.

When developing your clairvoyance abilities, it is important to balance your energy so that you are flowing energy through the entire body. By not flowing energy through your entire body from head to toe, you will most likely begin to experience pressure in your head which often leads to psychic headaches. As you continue to open up your psychic energy, envision the flow of energy going through the entire body and out through the bottoms of your feet and into the earth grounding the energy. This exercise does help you anchor the energy. With practice, you will be able to increase the psychic flow of energy through your body which then will only increase your intuition. By the way, holding a tiger’s eye crystal will help you get rid of that psychic headache.

Be sure to write down your psychic hits in your journal so that you can see your progress as a budding clairvoyant. Building your confidence through positive reinforcement is extremely beneficial in trusting what you are seeing psychically.

Developing any of our psychic gifts is extremely important in our daily lives. It helps us to trust ourselves with our decisions and helps us stay connected to our higher power. As we stay connected to our higher self, life flows more smoothly.

Please do take your time and be patient with the process as you develop your psychic gifts. The more patient you are as you allow the process to unfold, the stronger the foundation you will have to to strengthen and expand upon your gifts.
Blessings and Light,

Laurie

Laurie Barraco

Laurie Barraco is a professional intuitive counselor, medium, author, recording artist, teacher and the owner of The Mystical Moon, a healing center in Fort Myers, Florida. Laurie offers readings, courses and healing products through The Mystical Moon Online Store. You can connect with her at The Mystical Moon Facebook Page.

Click here for articles written by Laurie