

Becoming the New You

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Do you ever feel like you are stuck in the middle, like you are in between worlds?

It is like one world is the old existence you thought you were done with and the new world is not yet fully formed.

This feeling of being in a void is in fact common on the path of awakening. In fact, the more conscious and awake you are, the more you will be able to sense subtle shifts in your life phases. It's actually natural to have moments when you sit in a void, a space within which creation of the new is taking place. Your conventional mind may worry that nothing is happening – so untrue!

Your spiritual transformation, after all, is a process over time. Never a finished product, you continue to push the envelope, relentlessly seeking to express more of your authentic divine changemaker self. During phases of experience, you grow spiritually and shift in countless ways.

Since this is a typical part of the path, why do these cycles of change seem so much more intense now?

Current Lighter Energies

First of all, most everything can seem more extreme these days because of the volatile energies present in this cycle of history. Even right now as things feel a bit lighter and optimistic, there is so much uncertainty and change in the air that only the most skilled people can effectively handle the ups and downs.

Another big factor in the intensity of living now is the sheer

magnitude of changes you and others are undertaking in this single life. You have a lot on your plate, to be sure, much more than in earlier lifetimes when perhaps your biggest challenge was discovering how to succeed in your family's business. If only it could be that simple this time around, you may be asking!

It's normal to want things to be simple, all buttoned up in a nice package with a colorful bow. The simple you long for, however, is an illusion based in linear conditioning that is too limited for the quantum you emerging now!

The Quantum You

The new you emerging over time in this life indeed is quantum. That is your true nature and it is vast. You were born during these auspicious times – full of potential to leave nonworking linear approaches behind – to embrace this vastness.

This involves a steep re-learning curve, for you have forgotten how to live as a multidimensional being. At a core level, of course, you don't really forget. However, your human lifetimes have conditioned you to think small and to see the world in black and white. Your cosmic self knows that you are integrally connected to everyone and everything – not just on Earth but across the cosmos.



About the Author

Selacia, internationally acclaimed author of *Earth's Pivotal Years*, is an intuitive healer and guide to others on the path of spiritual awakening. A former foreign correspondent with *The Wall Street Journal* and other media, she has decades of experience in the areas of world politics, social change, healing, consciousness, and spiritual transformation. In her

journalism career, Selacia covered the White House, US Congress, G8 meetings, economic summits, and world trade talks. In her global healing work, she has addressed the United Nations (SEAT). Her writings are read in sixty-four countries. She is a pioneer in DNA intuitive healing, serving people everywhere who desire wholeness and a heart-centered life. Selacia has dedicated her life to spirit, and to opening the way for others to progress on their path of enlightenment. Visit her at www.Selacia.com.