

Are We Locked Within a Simulated Universe and If So, Can We GET OUT?



The reality of a simulated universe is gaining widespread attention from conventional science. But if this is so, are we stuck within this matrix or do we have a choice?

Is reality nothing more than a simulated universe – a construct designed by some “other” super intelligence that has the ability to lock us in to a Matrix like environment? Or nothing more than a program that we collectively agree to keep running? What if it’s both?

These are among the questions I posed to quantum researcher, speaker and author Sonia Barrett. Some of what she had to say

may surprise you, raise an eyebrow or two *or* make you say – “Ah, now I understand.”

Either way, Sonia sheds light on this elusive but intriguing topic like none other...have a listen.

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Alexis Brooks is the #1 best-selling author of [Conscious Musings](#), writer/editor for [CLN](#) and host of the award-winning show [Higher Journeys with Alexis Brooks](#). Alexis brings over 30 years of broadcast media experience to CLN. For over half of that time, Alexis has dedicated her work to the medium of alternative journalism, having researched and reported on the many aspects and angles of metaphysics, spirituality and new thought concepts.

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