

Abraham Hicks: Take Back Your Power _ Law Of Attraction (LOA)

Source: [Inspired](#)

In this fabulous, 7-minute video, Abraham-Hicks explains how you can take back your power by asking some simple questions. Below is the transcript:

Abraham-Hicks:

It is our powerful desire that you will begin acknowledging to yourself. You don't to say this to others, because sometimes your clarity freaks them out if they're not ready for it. You could be in an attitude of appreciation and be tuned in, tapped in, turned on. All of your power is right here and now. And so as teachers and livers of deliberate creation, as understanders of the power of the universe, as you are recognizing that well-being is the dominant stream that flows, in fact, the only stream that flows. And that you can allow yourself to flow with it.

Do you understand that you are eternal and that you are physical and that the goal is to be both at the same time. Do you understand that the goal is to be a perfect vibrational match to the source that is within you?

Do you understand that the source within you is living the fullness of everything that you want? Do you understand that the prosperity that you seek, and the well-being that you seek, and the clarity that you seek, and the help that you seek, and the relationships that you seek, and the good feeling moments that you seek, the elation that you seek, the clarity and the passion the knowing that you seek – that the source within you, the inner being that is you, is already living all of that?

And do you know that that stuff that you want, that you feel that you don't have, the source within you is living now fully and do you know is living it fully because of the life that

you have lived?

In other words, you caused the source within you to expand and the only reason that you feel any negative emotion is because you're not letting yourself keep up with that expansion.

So some very good questions for you to begin asking yourself, and we would ask it all day everyday.

– What does my inner being know about this?

– What does my inner being think about this?

– And what does my inner being feel about this?

Yes, that's the thing that we so want you to hear. The source within you only sees that which is a vibrational match to that which is good. If you will ask yourself the question, how does my inner being feel about this? Let it be a question that comes up all day every day. When you asked the question, inner being, Source within me, God Force within me, whatever you want to call it, "what do you think about this?"

And you listen. You will feel thoughts of reassurance and relief washing through you again and again, as you will subject by subject, person by person, circumstance by circumstance, event by event – allow yourself to come back into alignment with who you really are on all subjects.

Because within every particle of this universe, within every person, within every experience, that there is that which is wanted and lack of it. It's just the magnificent balance of all that is.

And when you decide to orient yourself toward what feels best to you as you focus upon it, you will attune yourself to the vibration of your true center. You will tune yourself to the vibration of the source within you. And as you tune yourself to that, you will thrive.

And we got to say to you, and you know it too, in your thriving you're less worried about everyone. In your thriving, you are less concerned about the injustices of the world, because in your thriving you are tuned to something other than the injustice of the world.

You got to ask yourself: "Am I turning myself to injustice, or am I tuning myself to well-being?" Which is it? Am I turning myself to love or am I tuning myself to hate? Have I turned myself to confusion or have I turned myself to clarity? Have I turned myself to the best of you or have I tuned myself to the worst of you?

And when you start saying to yourself, how am I tuning myself? How am I tuning myself? You take back your power, because when you say, "I see something I do not like" and you say, "oh wait, I have the capacity to see something I do like wherever I look. Or I have the capacity to look somewhere else where there's something that I do want to see, that is easy to see." As you begin to show yourself that you can control the way you feel because you can control what you think about, you can control your alignment with Source or not, then you begin to understand.

You see hateful people around you you see hateful people doing hateful things, and your heart goes out to them because you know, because you've been there yourself. They're not tuned to who they really are there out there on that raw and ragged edge. They've taken themselves apart from who they are and they're suffering mightily because of it. And they are undoubtedly focused upon someone else that they are blaming for it. And they are undoubtedly focused upon someone else that they're blaming for it – until there is a chain of pain that you cannot stop by joining the chain of pain. You cannot help them as you suffer. You can only help them in your thriving.

You cannot help them in your confusion, you can only help them in your clarity. You cannot help them in your poverty, you can only help them in your abundance. You can only help the others when you're tuned in, tapped in, turned on. All of your power is in your personal alignment. And one who is connected to source is more powerful than millions who are not.

Your power of persuasion, your power of attraction, your power of influence is mighty when you are in alignment with who you are. And it is minuscule and paltry when you are out of alignment with who you are.

And so this is the art of allowing – the art of allowing me to turn myself into who I am!