50 Small Acts That Make Your Romantic Partner Feel loved



by Denise Hill | Lifehack.org

"Love doesn't make the world go 'round; love is what makes the ride worthwhile."~Franklin P. Jones

Romantic relationships seem to require a lot of time and energy once the initial honeymoon stage is over. Keeping the spark in a relationship doesn't have to entail big, elaborate declarations of love. It's actually the little things that make your partner feel most loved.

Here are 50 small thoughtful ideas that can make your spouse feel loved and valued:

- 1. Buy a small "just because" present outside of a special occasion.
- 2. Recreate his/her favorite restaurant meal at home.
- 3. Say "thank you" and acknowledge the little things your

- partner does.
- 4. Give encouraging words of affirmation on really tough days at work.
- 5. Write "I love you" on a slip of paper and hide it in her purse or his pocket.
- 6. Hold hands in public.
- 7. Plan a surprise lunch date.
- 8. Quickly apologize after making a mistake.
- Let your partner have his / her way occasionally without a fuss.
- Let him / her win an argument.
- 11. Take lessons together (the type of lessons don't matter).
- 12. Give your partner a foot rub.
- 13. Allow your partner to have space on really tough days.
- 14. Say random "I love you" throughout the day.
- 15. Seek to do at least one nice thing or random act of kindness for your partner each day.
- 16. Give your partner a 20-minute back massage.
- 17. Run a hot bubble bath complete with candles and soft music—just for him / her and allow your partner to soak as long as he / she desires.
- 18. Read a book together. Take turns reading to each other.
- 19. Watch your partner's favorite show with them and be genuinely interested.
- 20. Try an activity that neither one of you are familiar with or have ever tried.
- 21. Cook breakfast together.
- 22. Wash your partner's car (or have it professionally detailed—it's the thought that counts).
- 23. Take a couple's yoga class together.
- 24. Play a board game together.
- 25. Share your goals and dreams with one another.
- 26. Create a few goals together as a couple.
- 27. Take an unplanned vacation together.
- 28. Skip work together and lay in bed, watch cartoons and eat cereal all day.

- 29. Volunteer together.
- 30. Go for a walk together.
- 31. Hop in the car, turn off the GPS and get lost together.
- 32. Do each other's hair.
- 33. Let her give him a shave and let him do her make up—but don't go out in public like that...

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