

# 14 Spontaneous Ways to Put Some Extra Sizzle Into Your Sex Life



By Susan Heitler & Meri Arnett-Kremian | [Your Tango](#)

**And you thought it couldn't get any better ...**

You and your partner already have toe-curling, sheets-grabbing lip-biting [sex](#) nearly every day. So how can you make it even *hotter*? Good question.

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Whether you're pretending to meet each other for the first time or you're role-playing as your naughtier, sexier persona, [heating things up](#) between you has never been easier. Don't believe us? Check out these suggestions for infusing your relationship with [sexy](#) spontaneity, from four of YourTango's top experts:

## **1. Entice your partner with a list of your biggest turn-ons.**

Send your partner an [email](#) listing some of the sure-fire ways to get you in the mood ... and then promise him a pay-off. (And trust us when we say, he'll be drooling.) *–Meri-Arnett Kremian*

## **2. Let him chase you.**

Give him a look as if you don't recognize each other, and introduce yourself by saying, "I don't believe we've met ... " Play a little hard to get, letting him know that you're not the type to fool around too quickly. Give him some hints that you find him very attractive and even though you've never done this before so quickly, you just can't seem to help yourself.

Once he starts kissing you, tell him that you really shouldn't, it's getting late, you need to be getting home, you're not that type of girl ... but, of course, make it obvious from your actions that you don't want him to stop. Keep playing this kind of push-pull game until he's just ravenous with desire, when you finally give in because you are just too attracted to him not too.

Men [love](#) the chase and giving him the chance to re-live the hunt will really get his testosterone flowing. *–Jane Garapick*

## **3. Get your sweat on.**

Exercise before you enter the bedroom to get that blood flow going. A hot shower (focused especially on your sexual parts) can jumpstart those juices. *–[Dr. Susan Heitler](#)*

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## **4. Leave a sexy message on your partner's voicemail.**

There is [an app called Slydial](#) that will connect you straight to someone's voicemail without the phone ringing. Pretend you're someone else. Maybe your his seductive French maid and

you can't wait to tickle him with your feather duster ... or maybe you're a Russian KGB agent and need to interrogate him about some international matters of love. *–Marla Martenson*

### **5. “Dessert, anyone?”**

Take a photo of a can of whipped cream and send it to your partner with a teasing note that it's a treat for later tonight. *–Meri-Arnett Kremian*

### **6. Surprise him and do something completely out of character.**

If you're usually a bit prim and proper, excuse yourself during a public event, head for the ladies' room, remove your lace panties and sneakily tuck them into his jacket pocket. The intrigue along with knowing that you're exposed – may make him decide to leave early (or book a hotel room upstairs). *–Meri-Arnett Kremian*

### **7. Dress in your sexiest, most sensual lingerie ...**

The lights may be off, but what you wear (or don't wear) will still make a difference in how sexy you feel. In other words, that granny nightgown might be better off left in your bottom drawer. *–Dr. Susan Heitler*

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### **8. ... And meet him in nothing but that.**

Greet him at the door wearing nothing but your hottest lingerie. If you're concerned about the neighbors seeing you, wear an overcoat or bathrobe and let it drop to the floor as soon as he shuts the door. It will be a wonderful surprise for him and he won't be able to keep his hands off you. *–[Jane Garapick](#)*

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